## **Watched It**

I have seen it with my own eyes,
In people's minds it ties and ties.

It's a black hole of sadness,

Filled with madness.

It twists up your brain,

It thinks it's a game.

It breaks up your mind,

So it is hard to find.

It sieves your memory,

It cuts up all your energy.

It tears up your world,

Loneliness in uncurled.

Family hold your hand,

So love expands.

Strangers become friends,

And advice they send.

People learn about this disease,

So now more can see.

There're ways to support,

Dementia can be fought.

BUT...